



Learn to Ride and Cycle Skills Session Information Year 5 and 6

Dear Parent/Carer,

As part of our school's involvement in the **Walk Wheel Cycle (formerly Sustrans)** Active Journeys project, your child has the opportunity to take part in **'Learn to Ride'** sessions. Each participating child will receive one or two sessions, each lasting approximately 45 minutes. These sessions are **free of charge** and will take place during the normal school day.

Please note: These sessions are specifically designed for children who are **unable to cycle without stabilisers** or are still learning to balance on a bike (i.e. a bit wobbly).

In addition, we are offering **Cycle Skills Sessions** for children who would like to build confidence in their cycling abilities. These sessions will provide a safe environment to practise essential skills such as looking over the shoulder and signalling, helping children become more confident and capable cyclists.

Date: Monday 24th November

Where: School Playground

The session will be supervised by Denise Thomson, our school Project Officer.

If you wish for your child to take part, please sign up by following the below link or by scanning the QR code by **Tuesday 18th November**.

<https://app.onlinesurveys.jisc.ac.uk/s/sustrans/learn-to-ride-and-cycle-skills-bearwood-nov-25>



If your **child does not have access to a bike**, please indicate on the form as we may be able to provide a bike.

Best wishes,

Denise Thomson
BCP Walk Wheel Cycle Trust project officer.