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AGES 3-6

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MARTIAL ARTS

Bearwood Community Centre

**TRIAL
FREE
CLASS**



PARENTS

Want your
children to
have fun, learn
AND get fit?



Defence



Manners



Respect



Fun



Fitness



Courtesy



Discipline



Confidence

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AGES 7-12

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PARENTS

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children to
have fun, learn
AND get fit?



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| ✓ Defence | ✓ Fitness |
| ✓ Manners | ✓ Courtesy |
| ✓ Respect | ✓ Discipline |
| ✓ Fun | ✓ Confidence |

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