

## Parent drop-in



Your next drop-in will be on:

**Tuesday 23<sup>rd</sup> September** 

9am - 10am

**Community Room** 

Your school nursing team can provide non-judgemental and confidential support and advice about:

Healthy lifestyle advice

Emotional health and well-being support

**Bedwetting and toileting** 

**Nutrition and growth** 

Sleep advice

Signposting to various services

**Parenting advice** 

**Behaviour support** 



- School nursing admin hub on 01929 557 558
- Parentline advice 5-19 texting service on 07312263131
- Website at www.dorsethealthcare.nhs.uk/school-nursing

## Follow us on social media:



DorsetHealthCare School Nursing



dorsethealthcare\_schoolnursing

We provide a confidential service. This means that you can discuss personal information in confidence. We will not discuss your personal information with anyone else without your permission. This includes parents and teachers. We would only pass on your information in order to protect you or someone else from serious harm. Whenever possible we would discuss this with you first.