



MONDAY

WEEK 1

**ITALIAN MEATBALLS ( C )**

Pork & beef meatballs cooked in our own homemade tomato & basil sauce, served with long grain rice and vegetables.

**V VEGETARIAN BALLS ( C, S, SU )**

Vegetarian balls, cooked in our own homemade tomato & basil sauce served with long grain rice and vegetables.

American Pancakes ( C, E, M )

WEEK 2

**COD FISH FINGERS ( C, F )**

Fish fingers coated in breadcrumbs. Served with potato wedges and baked beans.

**V VEGETABLE FINGERS ( C )**

Served with potato wedges and baked beans.

Yoghurt ( M )

WEEK 3

**TEXAN STEAK MINCE ( SU )**

In a mild tomato sauce, served with rice and crunchy vegetable sticks

**V TEXAN VEGETARIAN MINCE ( E, SU, C )**

In a mild tomato sauce, served with rice and crunchy vegetable sticks

Fruit Jelly (Contains beef gelatine)

**CHICKEN, CHEESE & TOMATO PASTA BAKE ( C, M )**

Penne pasta with roasted chicken in a tomato and basil sauce, topped with cheddar cheese. Served with salad.

**V VEGETABLE PASTA BAKE ( C, M )**

Penne pasta with roasted butternut squash and peppers in a tomato and basil sauce, topped with cheddar cheese. Served with salad.

Marble Cake ( C, E, M, S )

**ROASTED GAMMON ( C, E, M, SU )**

Butchers gammon joint. Served with homemade roast potatoes, peas, carrots, Yorkshire pudding and gravy.

**V ROASTED VEGETARIAN SAUSAGES ( C, E, M, S, SU )**

Linda McCartney sausages. Served with homemade roast potatoes, peas, carrots, Yorkshire pudding and gravy.

Chocolate Mousse ( M )

**FISH CAKES ( C, F, M, MU )**

Crumbed fish cake served with homemade roasted potato wedges and baked beans.

**V VEGETABLE CAKE ( C, MU )**

Mixed vegetable pattie, coated in golden breadcrumbs served with homemade roasted potato wedges and baked beans.

Yoghurt ( M )

**MARGHERITA DEEP BASE PIZZA ( C, M )**

Soft dough pizza base, topped with pizza tomato sauce and grated mild cheddar cheese. Served with salad of the day.

**V MARGHERITA DEEP BASE PIZZA ( C, M )**

Soft dough pizza base, topped with pizza tomato sauce and grated mild cheddar cheese. Served with salad of the day.

Banana Sponge Cake and Custard ( C, E, M, S )

# Autumn

## TERM 2023 Hot Lunch Menu

### Week 1

04/09/23, 25/09/23, 16/10/23,  
13/11/23, 04/12/23

### Week 2

11/09/23, 02/10/23, 30/10/23,  
20/11/23, 11/12/23

### Week 3

18/09/23, 09/10/23, 06/11/23,  
27/11/23

### Star Cuisine's ALLERGEN CODES

- CE= Celery
- C = Cereal
- CR = Crustacean
- E = Egg
- F = Fish
- L = Lupin
- M = Milk
- MO = Mollusc
- MU = Mustard
- N = Nut
- P = Peanut
- SE = Sesame
- S = Soya
- SU = Sulphur

Strawberry yoghurt and fresh fruit is available every day.

Wholemeal bread or white bread is available with every meal.

Vegan meals available on request.



TUESDAY

**CHEESY PASTA BAKE ( CE, C, E, M, S, MU )**

Penne pasta in a creamy cheddar cheese sauce served with salad sticks.

**V VEGETABLE PASTA BAKE ( CE, C, E, M, S, MU )**

Penne pasta with roasted butternut squash & peppers in a creamy cheese sauce served with salad sticks.

Lemon Drizzle Sponge ( C, E, M, S, SU )



WEDNESDAY

**ROAST CHICKEN BREAST ( C, E, M )**

Chicken breast, served with homemade roasted potatoes, peas, carrots, Yorkshire pudding and gravy.

**V ROASTED QUORN JOINT ( C, E, M )**

Roasted Quorn, served with homemade roasted potatoes, peas, carrots, Yorkshire pudding and gravy.

Yoghurt ( M )



THURSDAY

**OUR SIGNATURE BEEF LASAGNE ( C, M, CE, E, MU, S )**

Prime beef mince bolognese layered with creamy bechamel, lasagne pasta sheets and covered in mild cheddar cheese, served with salad.

**V VEGETARIAN LASAGNE ( C, M, CE, E, MU, S )**

Fresh courgettes, aubergine, peppers to create our own ratatouille bolognese filling. Layered with creamy bechamel, lasagne pasta sheets and covered in mild cheddar cheese, served with salad.

Raspberry Sponge ( C, E, M, S, SU )



FRIDAY

**MARGHERITA DEEP BASE PIZZA ( C, M )**

Soft dough pizza base, topped with pizza tomato sauce and grated mild cheddar cheese. Served with salad of the day.

**V MARGHERITA DEEP BASE PIZZA ( C, M )**

Soft dough pizza base, topped with pizza tomato sauce and grated mild cheddar cheese. Served with salad of the day.

Homemade Fruity Flap Jacks ( C, M )

**SPAGHETTI BOLOGNAISE ( C )**

Beef steak mince cooked in our homemade bolognese sauce served with fresh salad sticks.

**V QUORN BOLOGNAISE ( C, E )**

Quorn Mince cooked in our homemade bolognese sauce served with fresh salad sticks.

Chocolate Sponge Cake ( C, E, M, S )

**ROAST LOIN OF PORK ( C, E, M )**

Roasted loin of pork served with homemade roasted potatoes, peas, carrots, Yorkshire pudding and gravy.

**V QUORN CHICKEN PIECES. ( C, E, M )**

Roasted Quorn pieces served with homemade roasted potatoes, peas, carrots, Yorkshire pudding and gravy.

Strawberry Mousse ( M )

**PORK CHIPOLATA SAUSAGES ( C, M, SU )**

Our butcher's chipolata sausages served with buttery homemade mashed potato and baked beans.

**V VEGETARIAN SAUSAGES ( C, M, S, SU )**

Served with buttery homemade mashed potato and baked beans.

Treacle Sponge Pudding ( C, E, M, S )

**MARGHERITA DEEP BASE PIZZA ( C, M )**

Soft dough pizza base, topped with pizza tomato sauce and grated mild cheddar cheese. Served with salad of the day.

**V MARGHERITA DEEP BASE PIZZA ( C, M )**

Soft dough pizza base, topped with pizza tomato sauce and grated mild cheddar cheese. Served with salad of the day.

Chocolate Fudge Brownie ( C, E, M, S )