

2022-23

Long Term Plan

(Including AFC Bournemouth)

	Autumn		Spring		Summer	
Nursery	Introduction to PE: Unit 1	Fundamentals: Unit 1	Ball Skills: Unit 1	Gymnastics: Unit 1	Dance: Unit 1	Games: Unit 1
Reception	Introduction to PE: Unit 1	Fundamentals: Unit 1	Ball Skills: Unit 1	Gymnastics: Unit 1	Dance: Unit 1	Football (AFC Bournemouth)
	Introduction to PE: Unit 2	Fundamentals: Unit 2	Ball Skills: Unit 2	Gymnastics: Unit 2	Dance: Unit 2	Games: Unit 2
Year 1	Fundamentals	Sending and Receiving	Gymnastics	Dance	Striking and Fielding	Athletics
	Ball Skills (AFC Bournemouth)	Net and Wall	Team Building	Invasion	Fitness	Target Games
Year 2	Fundamentals	Sending and Receiving	Gymnastics	Dance	Striking and Fielding	Athletics
	Ball Skills (AFC Bournemouth)	Net and Wall	Team Building	Invasion	Fitness	Target Games
Year 3	Fundamentals 3/4	Football (AFC Bournemouth)	Swimming	Swimming	Tennis	Athletics
	Ball Skills 3/4	Basketball	Handball	Dance	Golf	Cricket
Year 4	OAA	Swimming	Tag Rugby	Dance	Tennis	Athletics
	Swimming	Football (AFC Bournemouth)	Gymnastics	Hockey	Dodgeball	Rounders
Year 5	Fitness	Basketball	Handball	Dance	Volleyball 5/6	Athletics
	Golf	Football	Gymnastics	Tennis	Football (AFC Bournemouth) Swimming boosters	Cricket
Year 6	Netball	Tag Rugby	Gymnastics	Dance	Football (AFC Bournemouth)	Athletics
	OAA Orienteering	Hockey	Dodgeball	Tennis	Swimming boosters	Rounders
	OAA Osmington					

Progression built around the 'Get Set 4 PE' planning units.

All assessments recorded online each half term.