



PSHE and Safety Unit Map



Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
R	<p>Jigsaw Unit: Being Me In My World</p> <p>Safety learning: 1x Online Safety lesson 1x Fire Safety lesson (Drill) 1x Local Environment lesson (School Tour)</p>	<p>Jigsaw Unit: Celebrating Difference</p> <p>Safety learning: 1x Body Safety lesson 1x First Aid + HL (Visitor) 1x Fire Safety lesson (Fireworks)</p>	<p>Jigsaw Unit: Dreams and Goals</p> <p>Safety learning: 1x Online Safety lesson 1x Safer Internet Day 1x Stranger Danger lesson 1x Road Safety lesson (Topic)</p>	<p>Jigsaw Unit: Healthy Me</p> <p>Safety learning: 1x Body Safety lesson 1x Water Safety lesson (Weather) 1x Local Environment (Topic)</p>	<p>Jigsaw Unit: Relationships</p> <p>Safety learning: 1x Online Safety lesson 1x Beach Safety lesson (Weather) 1x Sun Safety (Weather)</p>	<p>Jigsaw Unit: Changing Me</p> <p>Safety learning:</p>
1	<p>Jigsaw Unit: Being Me In My World - Feeling special and safe Being part of a class Rights and responsibilities Rewards and feeling proud Consequences Owning the Learning Charter</p> <p>Safety learning: 1x Online Safety lesson</p>	<p>Jigsaw Unit: Celebrating Difference Similarities and differences Understanding bullying and knowing how to deal with it Making new friends Celebrating the differences in everyone</p> <p>Safety learning: 1x Body Safety lesson</p>	<p>Jigsaw Unit: Dreams and Goals Setting goals Identifying successes and achievements Learning styles Working well and celebrating achievement with a partner Tackling new challenges Identifying and overcoming obstacles Feelings of success</p> <p>Safety learning: 1x Online Safety lesson 1x Safer Internet Day</p>	<p>Jigsaw Unit: Healthy Me Keeping myself healthy Healthier lifestyle choices Keeping clean Being safe Medicine safety/safety with household items Road safety Linking health and happiness</p> <p>Safety learning: 1x Body Safety lesson 2x Road Safety lessons</p>	<p>Jigsaw Unit: Relationships Belonging to a family Making friends/being a good friend Greetings People who help us Qualities as a friend and person Self-acknowledgement Being a good friend to myself Celebrating special relationships</p> <p>Safety learning:</p>	<p>Jigsaw Unit: Changing Me Life cycles – animal and human Changes in me Changes since being a baby Differences between female and male bodies (correct terminology) Linking growing and learning Coping with change Transition</p> <p>Safety learning: 1x Beach Safety lesson (Weather)</p>

	1x Stranger Danger lesson (trip) 1x Local Environment lesson (School Tour) + Fire Drill prep	1x Fire Safety lesson (Fireworks)	1x Fire Safety lesson		NSPCC assembly 'speak out, stay safe.' 1x Online Safety lesson 1x First Aid Base Assembly (Visitor) 1x Water Safety lesson (Weather) 1x Sun Safety (Weather)	1x Rail Safety lesson? 1x Base Assembly (Money Week resources already out)
2	Jigsaw Unit: Being Me In My World Hopes and fears for the year Rights and responsibilities Rewards and consequences Safe and fair learning environment Valuing contributions Choices Recognising feelings Safety learning: 1x Online Safety lesson 1x Stranger Danger lesson (trip) + Fire drill prep 2x Road Safety (Weather)	Jigsaw Unit: Celebrating Difference Assumptions and stereotypes about gender Understanding bullying Standing up for self and others Making new friends Gender diversity Celebrating difference and remaining friends Safety learning: 1x Body Safety lesson 1x Fire Safety lesson (Fireworks) 1x Fire Safety lesson (Topic)	Jigsaw Unit: Dreams and Goals Achieving realistic goals Perseverance Learning strengths Learning with others Group co-operation Contributing to and sharing success Safety learning: 1x Online Safety lesson 1x Safer Internet Day 1x Local Environment lesson (plants Topic)	Jigsaw Unit: Healthy Me Motivation Healthier choices Relaxation Healthy eating and nutrition Healthier snacks and sharing food Safety learning: 1x Body Safety lesson 1x Money safety lesson (Topic?)	Jigsaw Unit: Relationships Different types of family Physical contact boundaries Friendship and conflict Secrets Trust and appreciation Expressing appreciation for special relationships Safety learning: NSPCC assembly 'speak out, stay safe.' 1x Online Safety lesson 1x First Aid Base Assembly (Visitor) 1x Water Safety lesson (Weather) 1x Sun Safety (Weather)	Jigsaw Unit: Changing Me Life cycles in nature Growing from young to old Changing me Differences in female and male bodies (correct terminology) Assertiveness Preparing for transition Safety learning: 1x Base Assembly (Money Week resources already out) 1x Beach Safety lesson (Weather)

3	<p>Jigsaw Unit: Being Me In My World Setting personal goals Self-identity and worth Positivity in challenges Rules, rights and responsibilities Rewards and consequences Responsible choices Seeing things from others' perspectives</p> <p>Safety learning: 1x Online Safety lesson 1x Stranger Danger lesson</p>	<p>Jigsaw Unit: Celebrating Difference Families and their differences Family conflict and how to manage it (child-centred) Witnessing bullying and how to solve it Recognising how words can be hurtful Giving and receiving compliments</p> <p>Safety learning: 1x Body Safety lesson 1x Assembly reminder Fireworks</p>	<p>Jigsaw Unit: Dreams and Goals Difficult challenges and achieving success Dreams and ambitions New challenges Motivation and enthusiasm Recognising and trying to overcome obstacles Evaluating learning processes Managing feelings Simple budgeting</p> <p>Safety learning: 1x Online Safety lesson 1x Safer Internet Day 1x Water safety lesson (Swimming)</p>	<p>Jigsaw Unit: Healthy Me Exercise Fitness challenges Food labelling and healthy swaps Attitudes towards drugs Keeping safe and why it's important Online and off line scenarios Respect for myself and others Healthy and safe choices</p> <p>Safety learning: 1x Body Safety lesson 1x First Aid Lesson (JB) 3x Money lessons</p>	<p>Jigsaw Unit: Relationships Family roles and responsibilities Friendship and negotiation Keeping safe online and who to go to for help Being a global citizen Being aware of how my choices affect others Awareness of how other children have different lives Expressing appreciation for family and friends</p> <p>Safety learning: NSPCC assembly 'speak out, stay safe.' 1x Online Safety lesson 1x Road Safety Lesson 1x Water Safety lesson (Beach trip) 1x Sun Safety (Weather)</p>	<p>Jigsaw Unit: Changing Me How babies grow Understanding a baby's needs Outside body changes Inside body changes Family stereotypes Challenging my ideas Preparing for transition</p> <p>Safety learning: 1x Rail Safety lesson 1x Local environment lesson</p>
4	<p>Jigsaw Unit: Being Me In My World Being part of a class team Being a school citizen Rights, responsibilities and democracy (school)</p>	<p>Jigsaw Unit: Celebrating Difference Challenging assumptions Judging by appearance</p>	<p>Jigsaw Unit: Dreams and Goals Hopes and dreams Overcoming disappointment Creating new, realistic dreams Achieving goals Working in a group Celebrating</p>	<p>Jigsaw Unit: Healthy Me Healthier friendships Group dynamics Smoking Alcohol Assertiveness Peer</p>	<p>Jigsaw Unit: Relationships Jealousy Love and loss Memories of loved ones Getting on and Falling Out Girlfriends and boyfriends Showing</p>	<p>Jigsaw Unit: Changing Me Being unique Having a baby Girls and puberty Confidence in change Accepting change Preparing for transition Environmental change</p>

	<p>council) Rewards and consequences Group decision-making Having a voice What motivates behaviour</p> <p>Safety learning: 1x Online Safety lesson 1x Stranger Danger lesson 1x Water Safety (swimming lessons)</p>	<p>Accepting self and others Understanding influences Understanding bullying Problem-solving Identifying how special and unique everyone is First impressions</p> <p>Safety learning: 1x Body Safety lesson 1x Fire Safety Assembly (Fireworks) 1x Fire Safety Lesson (Science link) 1x Road Safety (Science link)</p>	<p>contributions Resilience Positive attitudes</p> <p>Safety learning: 1x Online Safety lesson 1x Safer Internet Day 2x Money safety lessons</p>	<p>pressure Celebrating inner strength</p> <p>Safety learning: 1x Body Safety lesson 1x First Aid Lesson (JB) 2x Money Safety lessons</p>	<p>appreciation to people and animals</p> <p>Safety learning: 1x Online Safety lesson 1x Water Safety lesson (Weather) NSPCC assembly 'speak out, stay safe.'</p>	<p>Safety learning: 1x Beach Safety lesson (Weather) 1x Local environment lesson</p>
5	<p>Jigsaw Unit: Being Me In My World Planning the forthcoming year Being a citizen Rights and responsibilities Rewards and consequences How behaviour affects groups Democracy, having a voice, participating</p> <p>Safety learning:</p>	<p>Jigsaw Unit: Celebrating Difference Cultural differences and how they can cause conflict Racism Rumours and name-calling Types of bullying Material wealth and happiness Enjoying and respecting other cultures</p>	<p>Jigsaw Unit: Dreams and Goals Future dreams The importance of money Jobs and careers Dream job and how to get there Goals in different cultures Supporting others (charity) Motivation</p> <p>Safety learning: 1x Online Safety lesson 1x Safer Internet Day</p>	<p>Jigsaw Unit: Healthy Me Smoking, including vaping Alcohol Alcohol and anti-social behaviour Emergency aid Body image Relationships with food Healthy choices Motivation and behaviour</p> <p>Safety learning:</p>	<p>Jigsaw Unit: Relationships Self-recognition and self-worth Building self-esteem Safer online communities Rights and responsibilities online Online gaming and gambling Reducing screen time Dangers of online grooming SMARRT internet safety rules</p>	<p>Jigsaw Unit: Changing Me Self- and body image Influence of online and media on body image Puberty for girls Puberty for boys Conception (including IVF) Growing responsibility Coping with change Preparing for transition</p> <p>Safety learning: 1x Road Safety lesson (Bikeability check?)</p>

	1x Online Safety lesson 1x Body Safety 1x WaterWise Visit pre-trip	Safety learning: 1x Assembly reminder Fireworks		1x First Aid Lesson (JB) 2x Money safety lessons MOVED	Proud trust resources focusing on lesbian, gay and bisexual relationships as well as equal marriage x6 lessons Safety learning: NSPCC assembly 'speak out, stay safe' plus NSPCC workshop. 1x Online Safety lesson -whatsapp 1x Base Assembly SSCT 1x Beach Safety lesson (weather) Escape line 1x base assembly and 1x class workshop	2x Rail Safety lessons
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6	<p>Jigsaw Unit: Being Me In My World Identifying goals for the year Global citizenship Children's universal rights Feeling welcome and valued Choices, consequences and rewards Group dynamics Democracy, having a voice Anti-social behaviour Role-modelling</p> <p>Safety learning: 1x Online Safety lesson 1x Body Safety 1x Road Safety lesson (PGL) 1x Water Safety lesson (PGL)</p>	<p>Jigsaw Unit: Celebrating Difference Perceptions of normality Understanding disability Power struggles Understanding bullying Inclusion/exclusion Differences as conflict, difference as celebration Empathy</p> <p>Safety learning: 2x Fire Safety lessons CHECK</p>	<p>Jigsaw Unit: Dreams and Goals Personal learning goals, in and out of school Success criteria Emotions in success Making a difference in the world Motivation Recognising achievements Compliments</p> <p>Safety learning: 1x Online Safety lesson 1x Safer Internet Day</p>	<p>Jigsaw Unit: Healthy Me Taking personal responsibility How substances affect the body Exploitation, including 'county lines' and gang culture Emotional and mental health Managing stress</p> <p>Safety learning: 1x First Aid Lesson (JB)</p>	<p>Jigsaw Unit: Relationships Mental health Identifying mental health worries and sources of support Love and loss Managing feelings Power and control Assertiveness Technology safety Take responsibility with technology use</p> <p>Proud trust resources focusing transgender and non-binary identities x6 sessions</p> <p>Safety learning: NSPCC assembly 'speak out, stay safe' plus NSPCC workshop. 1x Online Safety lesson (whatsapp) 1x Base Assembly SSCT</p> <p>Escape line 1x base assembly and 1x class workshop</p>	<p>Jigsaw Unit: Changing Me Self-image Body image Puberty and feelings Conception to birth Reflections about change Physical attraction Respect and consent Boyfriends/girlfriends Sexting Transition</p> <p>Safety learning: 1x Body Safety lesson FGM 1x Road Safety lesson (Bikeability) UPDATE 1x Rail Safety Assembly check 3x Money Safety lessons</p>
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