

# Anti-Bullying Week 2022

Monday 14<sup>th</sup> November - Friday 18<sup>th</sup> November

**SPOT IT**

**S T O P I T**

**Mrs Lyster**

Anti-Bullying Champion



# Knowledge Check

- Show what you have  
remembered -

**SPOT IT**

The text "SPOT IT" is rendered in a bold, black, sans-serif font. Each letter is anthropomorphized with a pair of white eyes and a small black pupil, giving the text a playful, character-like appearance.

What is bullying?

(In other words)

Bullying is **?** **behaviour** that happens...

**S**

**T**

**O**

**P**

(More than twice)

(Not by accident)

(In other words)

Bullying is **hurtful** **behaviour** that happens...

**S**

**T**

**O**

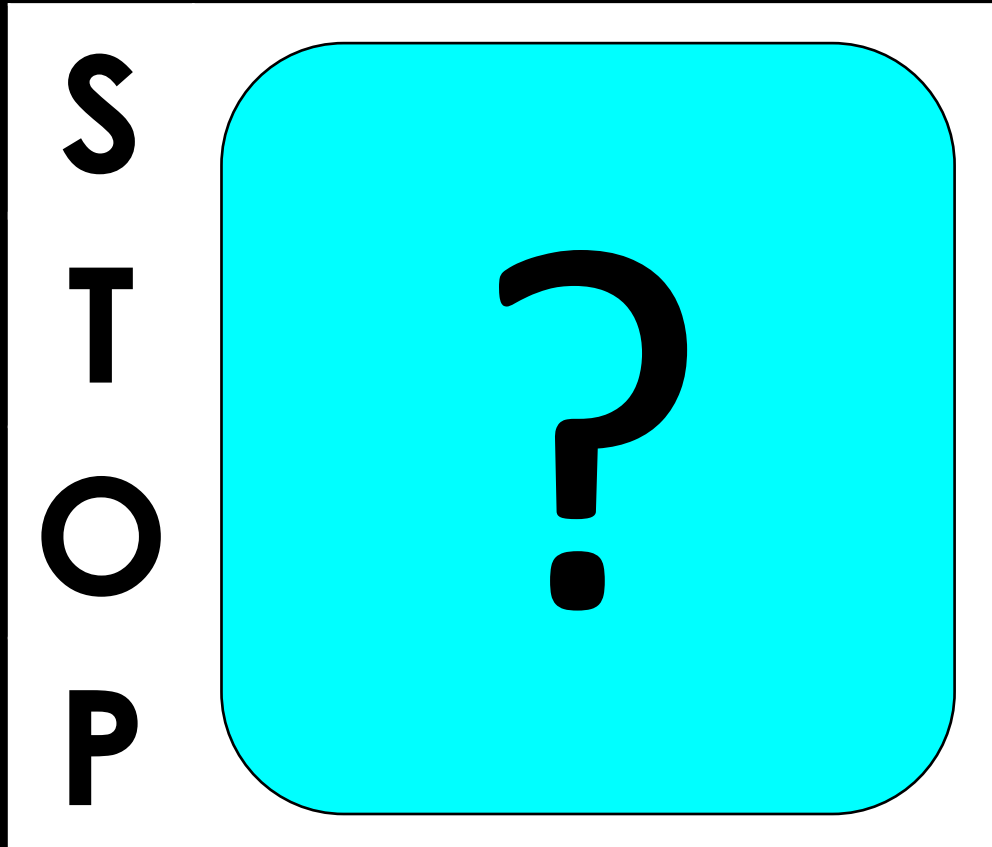
**P**

(More than twice)

(Not by accident)

(In other words)

Bullying is **hurtful behaviour** that happens...



(More than twice)

(Not by accident)

(In other words)

Bullying is **hurtful behaviour** that happens...

**S** everal

**T** imes

**O** n

**P** urpose

(More than twice)

(Not by accident)

**SPOT IT**

The hurt caused  
by  
**BULLYING**  
can be...



1



2



# SPOT IT

The hurt caused  
by  
BULLYING  
can be...

Emotional



Physical



S T O P I T

What can you do about  
bullying?

Step 1

Please

?

I don't like that

S everal

T imes

O n

P urpose

Step 1

Please

**STOP**

I don't like that

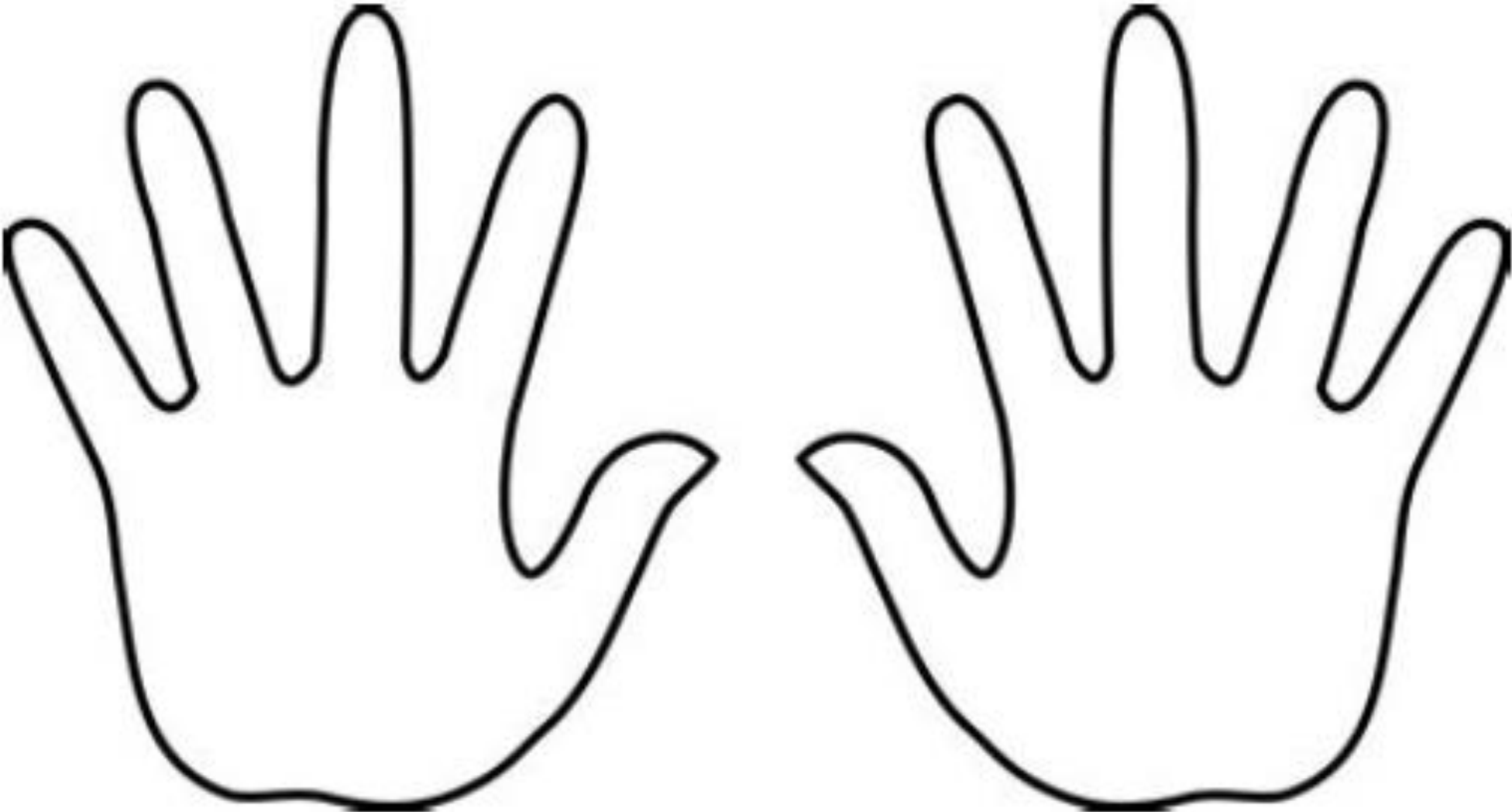
**S** everal

**T** imes

**O** n

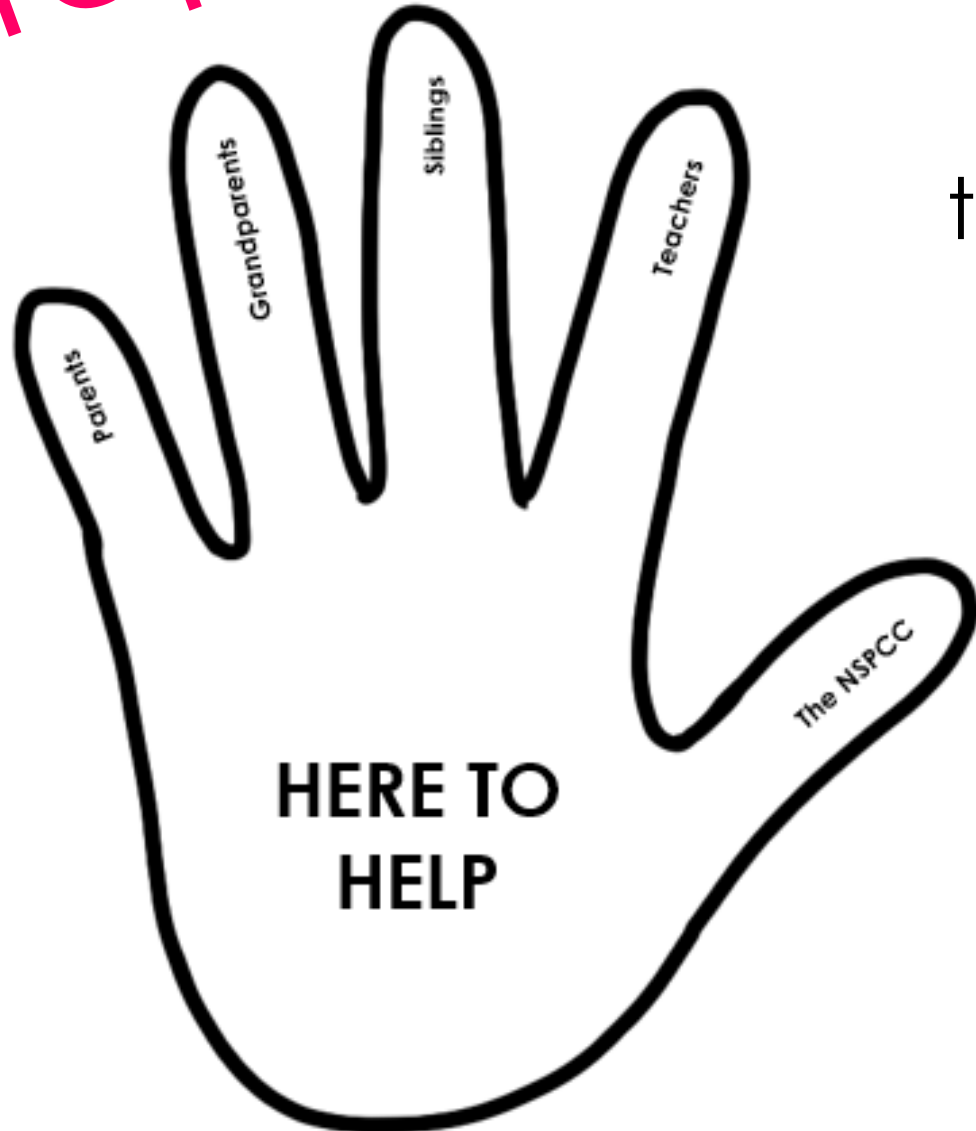
**P** urpose

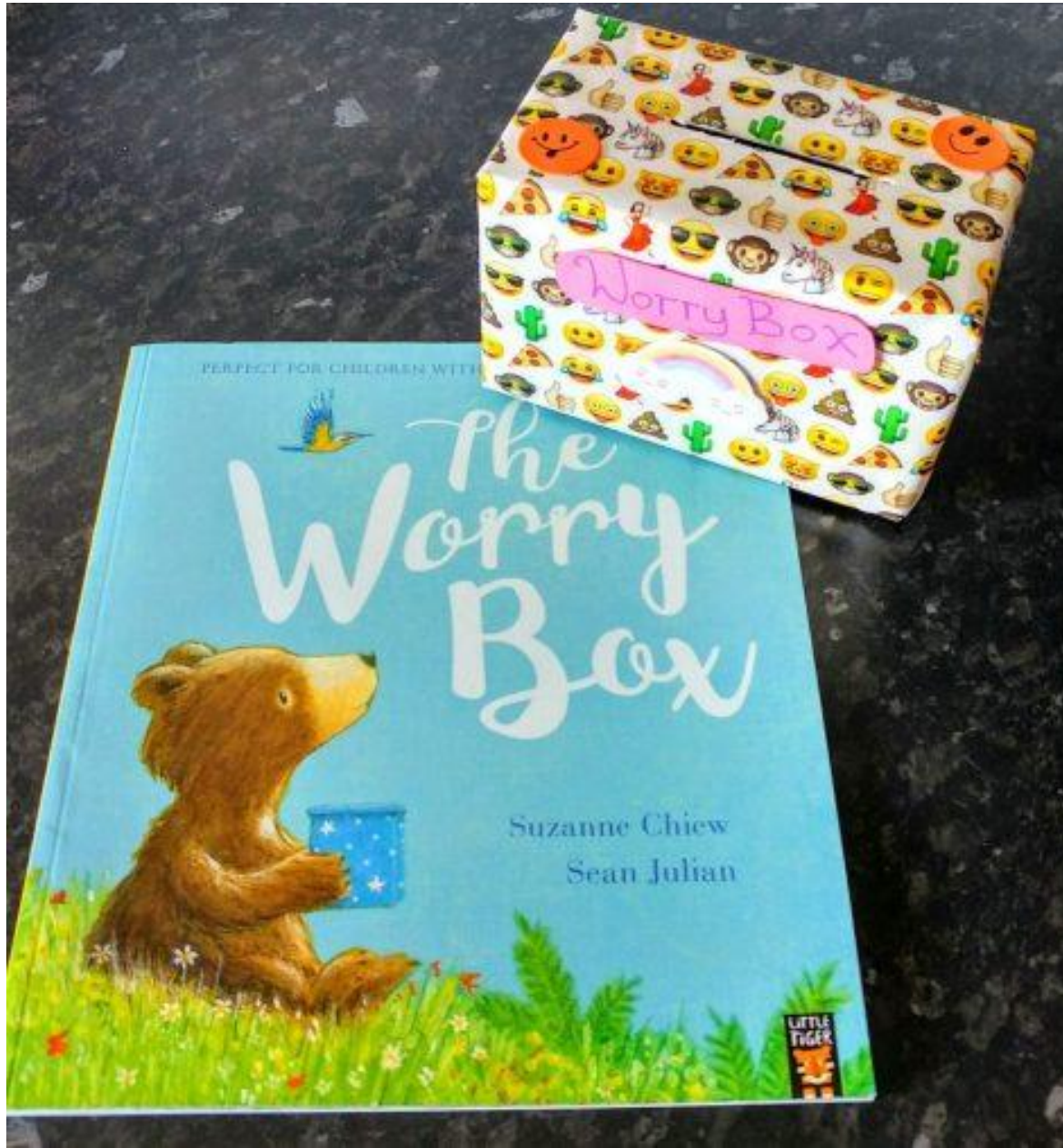
Step 2



# Step 2

**Tell**  
a  
trusted  
adult





Remember

If **talking** about bullying  
feels too tricky...

...you can write a note for  
your class **worry box** instead



**REACH**  
**OUT**

**↗ TO SOMEONE  
YOU TRUST →**  
**↖ ↗ IF YOU NEED  
→ TO TALK ↙**







**WE ALL  
HAVE A PART  
TO PLAY**



We are **ALL** here to help you



**REACH**   
**OUT** 

**TO SOMEONE**   
**↗ ↖ IF YOU KNOW**  
**THEY'RE BEING**   
**← BULLIED**  



<https://youtu.be/aMfgZRdVbdw>

## HOW CAN WE REACH OUT TO OTHERS?

1. Sharing a smile



2. Asking 'are you OK?'



3. Inviting someone to join in a game at break time, especially if you notice they have no one to play with



4. Offering to help someone in a maths lesson if you notice they are finding something difficult



5. Pass on a compliment - tell someone something you like about them



we can  
**ALL**  
help each  
other

COMING SOON!

**P  
E  
E  
R**

**M  
E  
N  
T  
O  
R  
S**