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Learning, Enjoying & Succeeding Together

9th December 2022

Dear Parent/Carer,

Your Child's Health: Advice for Parents and Carers

There are several viruses including Covid which are circulating in our community and there are things we can all do to reduce the spread of the virus and other respiratory infections. This includes keeping children off school when they are unwell. If your child has symptoms that concern you, call 111 and try to book an online appointment or ask for some support from pharmacies with medication to reduce symptoms.

If your child is unwell with symptoms of a respiratory virus, they should:

- Stay at home and avoid contact with others where possible
- Return to school and normal activities when they no longer have a temperature and feel well enough to attend.

If a child tests positive for COVID-19 or has confirmation of another infection illness, they should:

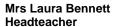
- Inform the School Office
- Stay at home and avoid contact with others for 3 days after they took the test, received confirmation of the illness, or as recommended by their GP
- Return to school and normal activities after 3 days if they no longer have a temperature and feel well enough to do so.

Full guidance for people with symptoms of a respiratory virus is available on gov.uk.

<u>Strep A and Scarlet Fever</u> In addition to the above, the NHS website has some very good advice about symptoms of Strep' A and Scarlet Fever. The symptoms are best looked at on the NHS website for accuracy <u>UKHSA update on scarlet fever and Invasive Group A strep - Gov.UK.</u>

There are very few cases of Strep A and Scarlet Fever, but they are infectious, and you should not send your child to school if they have symptoms. Please encourage regular hand cleaning at home and we will do the same at school.

Yours sincerely,



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