



BEARWOOD Primary and Nursery School

Headteacher Mrs Laura Bennett
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Bearwood Primary and Nursery School
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Learning, Enjoying & Succeeding Together

Friday 13th May 2022

Dear Parents & Carers,

I wanted to take this opportunity to write to you to inform you about the recent developments we have made to our PSHE curriculum.

As well as our delivery of 'Jigsaw,' a well-recognised programme for the teaching of PSHE, we have worked as a staff to develop a progressive and sequenced safety curriculum personalised to the children at Bearwood Primary and Nursery School. Given the current climate, there is a focus around children's mental health alongside physical and emotional well-being. As well as this, children in each year group will also have a wide range of age appropriate safety sessions to equip them with the skills they need for now and in the future. These sessions will include but are not limited to:

- Fire and electrical safety
- Beach and water safety
- Sun safety
- Body safety
- Road and rail safety
- Money and work
- Stranger danger
- Online safety
- First aid
- Safety within our local environment.

These sessions will take place alongside our termly 'Jigsaw' units which are outlined below:

Term	Jigsaw Piece
Autumn 1	Being Me in My World
Autumn 2	Celebrating Difference
Spring 1	Dreams and Goals
Spring 2	Healthy Me
Summer 1	Relationships
Summer 2	Changing Me

If you have any further questions, please do not hesitate to contact me or [Click Here](#) for further information about the content of our PSHE and Safety curriculum.

Yours sincerely

Miss E Pike
PSHE Subject Leader



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