

Bikeability Training Parent/Carer Consent Form

Dear Parent / Carer,

Your child has the opportunity to take part in Bikeability training provided by BCP Council.

Bikeability is the government's national cycle training programme based on the National Standard for Cycle Training. Cycling is a life skill with many benefits: it encourages independent mobility, is great for the environment, and improves physical and mental health. Bikeability builds the skills and confidence of people who can already ride and prepares them for a lifetime of cycling. Evidence shows Bikeability helps more people cycle, more safely, more often.

Bikeability is funded by the Department for Transport and is delivered by trained, professional and DBS-checked Bikeability instructors.



Bikeability Balance is a series of school based sessions that aim to give children the basic balance and coordination skills they will need to learn to ride a bike. It involves fun games carried out on balance bikes (bikes without pedals) to develop handling and awareness.

All participants receive an official Bikeability certificate.

COURSE INFORMATION	WHAT WILL YOUR CHILD NEED?
School: Bearwood Primary Bikeability Level: Balance Number of sessions: 4 sessions Dates: 11th, 12th, 13th & 14th July 2022 Times: 9.15 – 12.00	<ul style="list-style-type: none"> • Completed consent form (see overleaf) • Suitable clothing for the weather conditions <p><i>BCP Council provides Balance Bikes and helmets</i></p>

Bikeability places are limited and places will be booked on a first come basis. Please complete and return the consent form to school as soon as possible. Thank you.

Bikeability Training Parent/Carer Consent Form

Please read the following information carefully before completing and returning the consent form to your child's school. I agree to the following:

1. My child can participate in the Bikeability course described above.
 2. I will ensure my child is appropriately clothed for the weather.
 3. I understand instructors are not responsible for any injury or liable for any loss or damage to participants' cycles and other belongings.
 4. I agree for my child to wear a cycle helmet.
 5. I will encourage my child to practice between sessions and support their cycling after training.
 6. I understand the information I provide below will be processed in accordance with BCP Council's privacy policies.
- More information is available at: <https://www.bcpCouncil.gov.uk/About-BCP-Council/Privacy/Privacy.aspx>

Full Name of Child:	
School:	School year:
Medical conditions or any Special Educational Needs or Disability that the instructors need to be aware of:	

If you are happy for your child to be photographed and/or filmed to help promote Bikeability, please tick here ☐

Parent / carer name:	
Parent / carer signature:	Date:
Parent/ guardian emergency contact number:	