

Extended School Club

Join us at our extended school club every day

THE UK'S LEADING **HEALTHY LIFESTYLE ACTIVITIES** PROVIDER

Session types

Example activities



 Learn through play LEARN ZONE	Trivia Problem solving Guided play
 Let's get moving FIT FACTOR	Parachute play Dodgeball Capture the flag
 Learning to thrive THRIVE TIME	Wacky science Survival skills Cooking
 Skills for Sport SUPER SPORTS	Kwik cricket Netball Football
 Express yourself CREATIVE ZONE	Arts and crafts Drama Music
 Wellness WELLNESS ZONE	Yoga Meditation Journaling

SECURE YOUR CHILD'S SPOT FOR THE NEW ACADEMIC YEAR WITH OUR FLEXIBLE PAYMENT OPTIONS THAT ALLOW YOU TO BOOK NOW, PAY LATER...

Children can enjoy...

- ✓ Fun & energising sports and team games outside of the everyday home and school environment
- ✓ Keeping Active with a wide range of activities

- ✓ Building confidence through learning new skills
- ✓ Enhanced wellbeing with fun activities that help reduce stress & anxiety
- ✓ Social Interaction with friends in a safe space



Book now!



fitforsport.co.uk
020 8742 4990