



Bearwood Primary and Nursery School Newsletter

LEARNING, ENJOYING,
& SUCCEEDING
TOGETHER!

7TH MAY 2021: NEWSLETTER 12

Summer Term 1

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Acting Deputy Head: Mrs Guarguaglini



Important Dates

FOR THE PUPILS

Walk to School Week
17th to 21st May

Mr Longland's Football Day
Non-uniform Day
Friday 28th May

FOR THE PARENTS

Friday 14th May
Deadline for ordering school
photos

2020 - 2021 DATES

SPRING TERM 2021
Monday 4th January
to Thursday 1st April

Half Term
15th to 19th February

Easter Holiday
Friday 2nd to Friday 16th April

SUMMER TERM
Monday 19th April
to Friday 23rd July

Half Term
31st May to 4th June

INSET DAYS
Monday 7th June 2021

'Every child has the right to an education which develops their ability, personality and talents to the full. It should encourage children to respect human rights and their own and other cultures. It should also help them to learn to live peacefully, protect the environment and respect other people.'

Headteacher's Update

During this half term we are supporting the children's wellbeing through a series of assemblies. We are providing the children with a virtual toolbox of strategies to use when feeling overwhelmed. The children are being reminded to use these when we notice that they may be struggling. We introduced the '5 finger breathing' this is a strategy where they focus on their breathing as they trace around their fingers, this is to help them to focus and feel calm. We have talked about 'dancing like no one is looking' using this strategy to feel joy, particularly when a day has not gone the way that they would like. In school, we are sharing our coping strategies to manage our emotions when things do not go the way that we would like. On this newsletter and future ones we will share some of the strategies that they have been taught, why not give them a go.

54321 Grounding Technique



Look around you and name **five** things that you can see around you. Think about how that thing looks to you: the colours and shapes, etc.



No focus on **four** things that you can feel. You might be able to feel your feet on the ground or your body as you sit on a chair. Or you may feel body sensations like an itch or your stomach rumbling.



Now name **three** things that you can hear around you. You may become aware of the traffic in the background or some birds chirping in a nearby tree.



Note **two** things that you can smell around you. You may notice the smell of grass or perhaps the smell of perfume. If you can't smell anything around you, then it can be helpful to name two smells that you like.



Think about **one** thing you like about yourself or one thing you have done that you are proud of.

Fire Fire!

Holly 2 were lucky enough to have a virtual visit from Dorset Fire & Rescue this week. They learned all about the different ways the fire service help us, from road traffic accidents to rescuing people and animals in trouble in the water. They now know how important it is to wear their seatbelts in the car and helmets when cycling, how to float on their backs if they become scared in the water and what to do if there is a fire. There are lots of fun activities on their website:

<http://www.dwfire.org.uk/education>

H A M W I C T R U S T
EDUCATION





Dorset Dynamos Cricket

Maple 1 and 2 were involved in a Dorset Dynamos cricket day last Friday. They worked in their classes with a cricket coach in the morning to focus on learning the skills of bowling and batting, then played mini-competition games in the afternoon.

They even learnt how to score in cricket. The children were fantastic and put in maximum effort to improve their skills and apply them in a game situation. Well done Maple Base!



Our school is taking part in Walk to School Week (17-21 May). The nationwide event is organised by walking charity Living Streets and designed to help pupils experience first-hand the importance of walking to school. Children will be well on their way to reaching their recommended 60 minutes minimum of physical activity per day before even reaching the school gates! Not only will it

set them up for a positive day in the classroom, but it will also help create healthy habits for life. The theme of this year's event is 'Walking Superpowers' and through the week, pupils will be introduced to five different Walking Superpowers who will teach them all about these benefits and reinforce the power of walking, superhero style!

Pupil Premium Funding

We are aware that many households have suffered financially due to the Covid-19 pandemic. If you have had a change in circumstance, your child may now be entitled to Pupil Premium funding. Funding for pupil premium students is subject to a specific set of criteria set out by the Government. If you meet the criteria and your child is eligible, the funds are paid directly to the school. With it, we can provide additional support to accelerate your child's academic progress, as well as interventions to develop self-esteem, self-confidence and social/emotional skills. It is also used to fund specific staff training to enable us to further support pupil premium students, as well as helping in other areas including uniform, some school trips and music lessons. To see whether you might qualify and for an application form please see our website <https://www.bearwood.poole.sch.uk/our-school/support-and-funding/pupil-premium/> paper copies are also available from the office.

Free Confidential Help

Hamwic Education Trust is pleased to partner with Shout 85258 - a free, confidential, 24/7 text message support service for any of our students, staff or parents who are feeling overwhelmed or struggling to cope. The service is staffed by trained volunteers who will work with students, staff or parents to take next steps towards feeling better. They can help with issues such as stress, anxiety, worry and relationship problems and are there to talk at any time of day or night. <https://giveusashout.org/> or text **HAM to 85258 for immediate support.**



Book amnesty

We will soon be undertaking our end of term stock check on library and class reading books. Understandably some books may have been left at home where the children have been home schooling for parts of the school year. If you have time for a rummage or a spring clean, we would very much appreciate the return of any Bearwood books you may find. Please return them to the school office. Many thanks!

<u>Autumn Term 2021</u>	<u>Spring Term 2022</u>	<u>Summer Term 2022</u>
Thursday 2nd September to Friday 17th December 2021 <i>Half Term</i> 25th to 29th October 2021 INSET Days 2nd & 3rd September	Tuesday 4th January to Friday 8th April 2022 <i>Half Term</i> 21st to 25th February 2022 INSET Day 4th January	Monday 25th April to Friday 22nd July 2022 <i>Half Term</i> 30th May to 3rd June 2022 INSET Days 25th April & 6th June

Safeguarding/Child Protection

Bearwood Primary and Nursery School is committed to the safeguarding and welfare of children and expects all staff and volunteers to share this commitment.

If you have any concerns, please contact the following people through the school office:

The designated child protection/safeguarding officer is: Mrs Laura Bennett, Headteacher. The deputy designated child protection/safeguarding officer is: Mrs Sally Wall, Deputy Headteacher. Our Pupil Engagement and Welfare Officer is: Miss Olivia Prince