



BEARWOOD Primary and Nursery School

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Bearwood Primary and Nursery School
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3rd March 2021

Dear Parents/Carers,

This **Friday 5th March** the children at Bearwood Primary and Nursery School will participate in their third and final wellbeing afternoon and we are very excited to be able to offer them the chance to take part in the **Joy of Moving Winter Games!**

Joy of Moving is a programme designed to inspire active lifestyles in children. It aims to teach children how to enjoy moving through play and to help them develop positive habits for adulthood. The Winter Games takes the form of a Winter Adventure and includes an exciting selection of games and activities that children can play. To take part all children will need access to the **Joy of Moving Winter Games Pack** which will be available to download from your child's **Class Learning Platform** and the **school website** www.bearwood.poole.sch.uk.

The Winter Games pack has been designed to be accessible for all children both at home and in school. All your child will need to play is a small space and a small amount of equipment – which can even be made from every day household items! Each game in the pack includes instructions on how to play and how it can be adapted. Some can be played individually and some with a family member. When children complete the Winter Adventure, they can download and print a certificate to celebrate their achievements!

Please find below the timetable for the afternoon, including information your child will need to join the Zoom sessions. Children attending school are invited to wear **PE kit** on this day.

Whole School	
1:00 - 1:15	Zoom - 'Joy of Moving' with Miss Prince Meeting ID: 969 3292 9242 Passcode: 4HfvMh
1:15 - 2:45	Children are invited to choose their own activities from the Joy of Moving Winter Games Pack.
2:45 - 3:15	Zoom - 'Joy of Moving' with Miss Prince Meeting ID: 969 3292 9242 Passcode: 4HfvMh

We do hope that the children will enjoy the afternoon and will benefit from the opportunity to participate in enjoyable physical activities to promote their wellbeing. Should you want to you can also find many more games that your family can do on the Joy of Moving website joyofmovingresourcehub.co.uk.

There is no expectation for children to submit any work as they will have the opportunity to share their achievements with their friends and staff at the end of the afternoon. However, we are always delighted to see photographs or videos of the children enjoying their wellbeing activities!



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Furthermore, if you are happy to, you can take a picture or video of you all playing the games and completing the Winter Adventure. You can then share these on social media using #JOMWinterGames for a chance to win £500 worth of equipment for our school!

Good luck, get playing, and most importantly – have fun!

Mrs Gunstone
PE Leader

Miss Prince
Pupil Engagement and Welfare Officer



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