



# BEARWOOD Primary and Nursery School

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9<sup>th</sup> February 2021

Dear Parents/Carers,

On **Friday 12<sup>th</sup> February** the children at Bearwood Primary and Nursery School will take part in the second of a series of wellbeing afternoons, the theme of which will be **'Health and Fitness'**. Please find below the timetable for the afternoon, including information your child will need to join the Zoom sessions. The activities have been designed with home learning in mind and most require only simple household items, though there are some additional resources on your child's class learning platform should you wish to use these. Children attending school are invited to wear **PE kit** on this day.

EYFS & Key Stage 1	
1:00 - 1:15	Zoom - 'An Introduction to Health and Fitness for EYFS & KS1' with Miss Prince <b>Meeting ID: 946 5444 9441 Passcode: b1Yet1</b>
1:15 - 2:45	Children are invited to choose their own tasks from a varied menu of activities. This <b>menu and resources</b> can be found on your child's <b>Class Learning Platform</b> .
2:45 - 3:15	Zoom - 'Health and Fitness Show and Share for EYFS & KS1' with Miss Prince <b>Meeting ID: 946 5444 9441 Passcode: b1Yet1</b>

Key Stage 2	
1:00 - 1:15	Zoom - 'An Introduction to Health and Fitness for KS2' with Mrs Gunstone <b>Meeting ID: 977 9003 4084 Passcode: L10ZJk</b>
1:15 - 2:45	Children are invited to choose their own tasks from a varied menu of activities. This <b>menu and resources</b> can be found on your child's <b>Class Learning Platform</b> .
2:45 - 3:15	Zoom - 'Health and Fitness Show and Share for KS2' with Mrs Gunstone <b>Meeting ID: 977 9003 4084 Passcode: L10ZJk</b>

We do hope that the children will enjoy the afternoon and will benefit from the opportunity to participate in enjoyable physical activities to promote their wellbeing.

Like last time, there is no expectation for children to submit any work as they will have the opportunity to share their achievements with their friends and staff at the end of the afternoon. However, we all loved seeing photographs of the children enjoying their wellbeing activities last time and would love for you to email photographs or videos this time too!

Mrs Gunstone

Miss Prince

PE Leader

Pupil Engagement and Welfare Officer



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