



# BEARWOOD Primary and Nursery School

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*Learning, Enjoying & Succeeding Together*

Tuesday 3<sup>rd</sup> November 2020

Dear Parent/Carer,

## Children in Need - Friday 13th November 5 to Thrive

On Friday 13th November, we will be marking Children in Need day in school and this year's number one priority is Children's Mental Wellbeing.

During the week the children will learn five ways to improve their own wellbeing and how to feel better about themselves. They will also be taught how they can support each other. Our aim in school is to provide the children with life-long skills which they can draw upon when they have challenging times in their lives. Joe Wicks is promoting activity during the week and the children will also have an opportunity to join in one of his online sessions.

To help raise money for this worthy charity the children may come to school in non uniform for a small donation. We will have collection buckets at the gate in the morning where pupils can put their donation.

Thank you for your continued support.

Yours sincerely

Mrs Sally Wall  
Deputy Head Teacher



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