

PSHE - Intent

PSHE Education is a planned programme of learning through which children and young people acquire the knowledge, understanding and skills they need to manage their lives – now and in the future. As part of a whole-school approach, PSHE Education develops the qualities and attributes pupils need to thrive as individuals, family members and members of society.

<i>By the end of Reception</i>	<i>By the end of Year 1</i>	<i>By the end of Year 2</i>	<i>By the end of Year 3</i>	<i>By the end of Year 4</i>	<i>By the end of Year 5</i>	<i>By the end of Year 6</i>
Dreams and Goals	Dreams and Goals	Dreams and Goals	Dreams and Goals	Dreams and Goals	Dreams and Goals	Dreams and Goals
<p>I can use kind words to encourage people</p> <p>I can tell you about a time I didn't give up until I achieved my goal</p> <p>I can say how I feel when I achieve a goal and know what it means to feel proud</p>	<p>I can set a goal and work out how to achieve it</p> <p>I can tackle a new challenge and understand this might stretch my learning</p> <p>I can identify obstacles which make it more difficult to achieve my new challenge and can work out how to overcome them</p>	<p>I can persevere even when I find tasks difficult</p> <p>I can recognise who it is easy for me to work with and who it is more difficult for me to work with</p> <p>I know how to share success with other people</p>	<p>I can identify a dream/ambition that is important to me</p> <p>I enjoy facing new learning challenges and working out the best ways for me to achieve them</p> <p>I can evaluate my own learning process and identify how it can be better next time</p>	<p>I understand that sometimes hopes and dreams do not come true and that this can hurt</p> <p>I know that reflecting on positive and happy experiences can help me to counteract disappointment</p> <p>I know how to make a new plan and set new goals even if I have been disappointed</p>	<p>I understand that I will need money to help me achieve some of my dreams</p> <p>I can identify a job I would like to do when I grow up and understand what motivates me and what I need to do to achieve it</p> <p>I can describe the dreams and goals of young people in a culture different to mine</p>	<p>I can work out the learning steps I need to take to reach my goal and understand how to motivate myself to work on these</p> <p>I can identify problems in the world that concern me and talk to other people about them</p> <p>I know what some people in my class like or admire about me and can accept their praise</p>

