Martial Arts Class

Bearwood Primary School

Wednesday: 3:30pm - 4:30pm Autumn 2019 (13 weeks) £45.50

Start Sept 11 / 18 / 25 Oct 2 / 9 / 16 / 23 / 30HT Nov 6 / 13 / 20 / 27 Dec 4 / 11

Martial Skill / Self Defence

Improve Balance / Co-ordination

Classes taught by Paul Hamerston, Governing Body BCCMA / Shikon Martial Arts Assoc.

Contact Details 07938 226833 / fb Phoenix Martial Arts Dorset

3rd Dan Shikon Martial Arts – Wado Ryu Karate – Sanshou – Sanda – Tai Chi

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After School Booking Form Bearwood Primary Autumn 2019

Childs Name.....Age.....Class.....

Medical Conditions.....

Parents Name.....Emergency Contact Number.....

£45.50 for 13 weeks full term payment.

Indicate method of payment. You must send booking sheet and payment before the first session

Bank Transfer 52-10-20 Acc 11167661 ..... Cheque No.....Cash .....

Cheques payable to Paul Hamerston