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# BEARWOOD
# Primary and Nursery School

**Headteacher Mrs Laura Bennett**
**Deputy Headteacher Mrs Sally Wall**

Wednesday 6trh June 2018

Dear Parents,

I am writing to let you know that over the next 6 weeks Willow 2 will be having PSHE sessions about 'Changes', including information about puberty, menstruation and sexual relationships. Please see below for a little more information on the content of each year group's session. Our policy states that our approach to Sex Education is primarily to help children cope with the physical and emotional challenges of growing up. Sex education will not be taken out of context or over emphasised in any way. It will sit firmly within our PSHE programme, which takes directive from the National Curriculum which all children of this age follow. The biological aspects of sex and reproduction have been covered as required in Science lessons.

The lesson will provide simple information for the children and also give them a supportive forum if they wish to ask any questions.

| Year 4 – 'Changes' session will cover; |
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| • The internal and external parts of male and female bodies that are necessary for making a baby.<br>• Vocabulary used will be; Sperm, Egg, Penis, Testicles, Vagina, Womb, Ovaries, Making love, Fertilise and reproduction.<br>• The changes that girls bodies go through in order for them to have children and that menstruation is a natural part of this.<br>• Vocabulary used will be; Puberty, Menstruation , Periods, Cervix, Uterus, Fallopian tubes and Ovaries.<br>• Emotional changes and challenges and strategies to deal with them. |

Yours faithfully,

Miss Pickersgill

PHSE subject leader